
Meeting Notes

Local Wellness Policy Steering Committee Meeting

June 7, 2011

5:30-7 p.m.

DCPS Central Office

Overview:

DCPS is beginning the process of revising and updating the DCPS Local Wellness Policy (LWP), bringing it into alignment with the Healthy Schools Act and new federal requirements. This was the third meeting of a Steering Committee of community experts and staff to develop recommendations to revise this policy.

Attendance: six community experts, seven DCPS Central Office staff, three OSSE staff

Issue	Comments
Welcome and Introductions	Laid out the plan for the meeting, which was to continue working in the subcommittee groups on the Action Plans.
Student Listening Session	<p>Reviewed notes from Student Listening Session held in May 2011 with the DCPS/OSSE Youth Advisory Committee. Students gave feedback on health and physical education, nutrition and physical activities, food and nutrition services, environmental sustainability, and community engagement, including:</p> <p>1. Health and Physical Education:</p> <p>What works?</p> <ul style="list-style-type: none">• Lack of variety, same health education every year• Sometimes City Year is good-but as a YAC member sometimes I know the sex ed stuff already <p>What is needed?</p> <ul style="list-style-type: none">• Not enough time for PE, not enough credits needed• Very little nutrition education <p>2. Nutrition and Physical Activities:</p> <p>What works?</p> <ul style="list-style-type: none">• Don't get adequate nutrition in school

	<p>What is needed?</p> <ul style="list-style-type: none"> • Vending machine with healthy snacks • Would go to or use an after school cooking class, maybe for parents • Families might use a school garden or a gardening club <p>3. Food and Nutrition Services:</p> <p>What works?</p> <ul style="list-style-type: none"> • Food is way too greasy. <p>What is needed?</p> <ul style="list-style-type: none"> • Ok if the health content is improved, but have to improve the food quality along with that • Less processed food • A real kitchen in every school <p>4. Environmental Sustainability:</p> <p>What works?</p> <ul style="list-style-type: none"> • Recycling bins are there, but students don't really know how to use <p>What is needed?</p> <ul style="list-style-type: none"> • Getting students involved, teaching them how the program works <p>5. Community Engagement:</p> <p>What works?</p> <ul style="list-style-type: none"> • Having principals tell them <p>What is needed?</p> <ul style="list-style-type: none"> • Not sure what would work-but more is needed
Subcommittee Sessions	Each subcommittee reviewed their section of the plan and made recommendations for updates or changes. These recommendations will be incorporated into the final version of the plan to be reviewed next meeting.
Subcommittee Report back	Each subcommittee reported back on their recommendations for their section of the plan. These will be incorporated for review at the next meeting.

Next Steps	<p>Next meeting of Local Wellness Policy Steering Committee is Tuesday, July 5 from 5:30-7:00 pm.</p> <p>At this meeting we will be reviewing the final version of the plan for final approval.</p> <p>For more information contact Kate Fahje at kate.fahje@dc.gov.</p>
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